

NEWSLETTER



DEC 2022 - APR 2023

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OZONATED HANDMADE SOAPS



BENEFITS

Ozone therapy is a treatment we can use for beauty; these soaps combines ozone and natural elements to disinfect the skin and improve its overall appearance.

OZONATED SUNFLOWER OIL



BENEFITS

May include soothing minor skin irritations, abrasions, redness, the appearance of age spots & blemishes.

FROM DR. JAMES' DESK



Hoping at the time you read this message you are doing well in the company of your loved ones.

Another year has gone and it was a really good one because I keep doing what I love to do: **HELPING PEOPLE TO GET BETTER.**

This year has been a busier year than last one and the years before which means a lot to me because this is the result of the excellent team we have and I can assure you everyone here does their job with love & care. We have many cases and I wish I can help each one of them but it's in the lord's hands not mine but be sure I will always look for the best for you & your family.

I had the fortune to be with you in different areas with Amish communities in the US and every time I've learned something new. Last time my 2 sons, Ricardo & Jonathon, were helping me with a seminar and providing you the best service because you deserve it.

This year we started with new natural therapies and programs. You should try these help for many things like reduce inflammation, eliminate most of the toxins from your body and to give you the balance you need to keep your optimal health.

I'm proud of this place and thank God we're been able to help all these people. We need to provide good service, prices, environment, and as good results as possible; it's not easy but we are working on it every day.

Also I want to say thanks to my wife that she does tremendous work by my side but in silence, and in part is in charge of what you eat and all the facilities we have for you.

Last but not the least, in this special season I wish you health, love and the best for you from the bottom of my heart. May the Christmas Season bring only happiness and joy to you and your family.

Merry Christmas and Happy New Year!
Sincerely,

Dr. James

MY FIRST YEAR BY: DR. JAMES JR



Most of all I want to thank you, the patients and their families, for placing your health -the most valuable thing you own- in the clinic. We do our best to make the right decision to improve and keep your health and always with the lord's hand, we can make your quality of life one where you enjoy life.

This part of the year has been full of blessings, great, good and bad experiences. I have lived them and learned from them as much as I can. You have taught me not only things about medicine but also about life. I appreciate the trust you place in our team. We are going to keep improving in all aspects.

I realize I have big shoes to fill, but I also know Dr. James will stay by my side as long as God allows him. I know the love he has for the clinic and its patients and wants to see it progress. I will keep learning from him as much as I can but like he has always told me you have to be you.

Greetings from TGSMC, I hope by the time you are reading these lines you and your loved ones are blessed with good health. I thank God for blessing me. My loved ones have good health and we're enjoying the holidays together.

As I sit and reflect on my first year at the clinic I first want to thank God for allowing me to do what I love hand to hand with my family. Thanks to my father Dr. James for showing me how to be the kind of doctor I want to become, my mother for being a big part of the clinic and supporting my father through the journey and everything she does at home. My brother for making sure we provide each person with the best possible service and making your stay as pleasant as it can be.

I believe that we have an excellent team here at the clinic so I want to thank all the above for making my first year at the clinic an easy transition and one to remember.



“Doing what you need with love and care”

DETOX PROGRAM

Introducing our new detox therapy designed by Dr. James over his 40 years of experience ment to help our patients in a holistic way helping body, mind and spirit.

This detox method is a technique whose main purpose is to help the body to be purified, covering inner aspects and external as well.

To be successful in this technique the body needs to be provided with healthy foods, and they need to be enriched in nutrients.

All the foods are vegetarian, and they are focused on cleaning and healing your organism, plus the rest of the treatments that are offered here at The Good Samaritan, will have a very positive impact in your health.

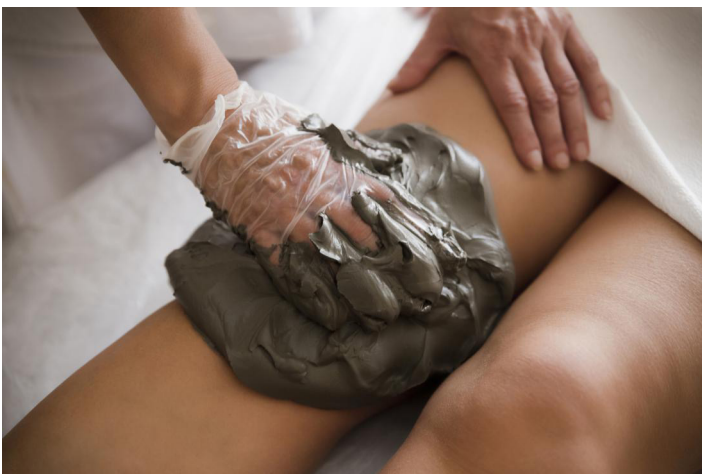
Clay Therapy

Mud has been used as a therapeutic element since ancient times. Egyptian doctors already applied it 2,500 years ago to treat inflammations, pain and other symptoms.



Among the benefits of mud we find that it is:

- **Healing and regenerating**
- **Depurative, decongestant and detoxifying**
- **Inflammatory issues**
- **Antibacterial, anti-infective, antiseptic and disinfectant.**



Onion Therapy



Of the flavonoids, the color of the red onion is given by anthocyanins. Myricetin and quercetin are also found in significant amounts.

This therapy releases the active substances in onions, these substances are mainly flavonoids, phenolic compounds and sulfur compounds responsible for their aroma. Of the flavonoids, the color of the red onion is given by anthocyanins. Myricetin and quercetin are also found in significant amounts.

Helps to:

- Decongest the belly
- Open the respiratory tract
- Inflammatory issues
- Migraine
- Heal wounds
- Arthritis
- Reduces pain

Other elements present in onions are iron, calcium, potassium and sodium, in addition to vitamin C.

Lemon Enema

Enema therapy is part of our Detox Program since its results and benefits for the recovery of the body are extremely positive.

Our enema therapy has as its main objective the intestinal washing to cleanse and eliminate all the toxins that may be found, also helping to fight fever in the intestine thus producing its non inflammatory effect. In addition, it will dislodge a part of the colon and decrease pain.



Helps to:

- Constipation
- Eliminates toxins
- PH balance
- Diarrhea
- Vomiting

DEPRESSION &

ANXIETY

Depression or major depressive disorder, is a mental disorder characterized by persistent feelings of sadness and loss of interest.

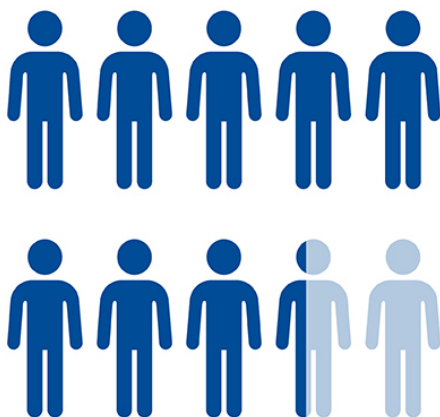
This may affect how you feel, think and behave causing a variety of physical and emotional problems.

There's not an exact cause for depression but some factors may be involved, such as:

- **Biological differences.** Physical changes in the brain with an unknown cause.
- **Brain chemistry.** Changes in the effect and function of neurotransmitters involved to maintain mood stability.
- **Hormones.** Changes such as pregnancy, menopause and other conditions can cause a change in body's balance of hormones causing depression.
- **Inherited traits.** Genes may be involved in causing depression.

POST-INAUGURATION STRESS SURVEY

**More Than 8 in 10 Americans (84%)
Report Feeling Emotions Associated
With Stress**



MOST COMMON EMOTIONS

Anxious 47%

Sad 44%

Angry 39%

ANXIETY

Anxiety disorder is an intense, excessive and persistent worry and fear about everyday situation and sometimes repeated episodes of panic attacks. These feelings interfere with daily activities, are out of proportion to the actual danger, can last a long time and most of the time are difficult to control.

The causes for anxiety could be life experiences such as traumatic events or inherited traits, also may be linked to an underlying health issue or can be a side effect to certain medications

What do you feel?

Depression and anxiety may have similar symptoms and you can have both at the same time: A worldwide survey from 2015 found that 41.6 percent of people reported having both major depression and an anxiety disorder during the same 12-month period.



Symptoms:

Depression

- Feelings of sadness, tearfulness, emptiness or hopelessness.
- Angry outbursts, irritability or frustration.
- Loss of interest or pleasure in most or all normal activities
- Reduced appetite and weight loss or increased cravings for food and weight gain.
- Feelings of worthlessness or guilt, self-blame.
- Frequent or recurrent thoughts of death, **suicidal thoughts**, suicide attempts or suicide.
- Unexplained physical problems, such as back pain or headaches.

Anxiety

- Feeling nervous, restless or tense.
- Having a sense of impending danger, panic or doom.
- Sweating
- Trembling
- Experiencing gastrointestinal (GI) problems
- Having difficulty controlling worry
- Having the urge to avoid things that trigger anxiety

Both

- Having an **increased heart rate.**
- **Breathing rapidly**
- **Trouble concentrating or thinking about anything other than the present worry making decisions and remembering things.**
- **Sleep disturbances, including insomnia or sleeping too much.**
- **Tiredness, weak and lack of energy.**

How we treat depression and/or anxiety

Here at The Good Samaritan we know that the emotional part of a person is key for a person's well-being. How do we address the emotional side of a patient?.

With the help of natural treatments and in some more severe cases medication we are able to help the body receive the outside help it needs in order to help improve its condition. This program includes:

- **Medical advice by our team of doctors.**
- **Natural supplement anxiety treatment.**
- **Hyperbaric oxygen chamber (helps brain function)**
- **Detox program (Improves gut health)**
- **Physical therapy (release tension caused by stress)**
- **Customized chelation**
- **Ozone treatment (gives an energy boost)**
- **Health coach.**

We also teach our patients the habits they need to develop and which ones to stop in order to improve their wellbeing. The decisions that we make everyday turn into habits and this influences a lot on how we feel physically and mentally.

As we know most people at a certain time in their lives go through strong periods of depression or anxiety. We want to let our patients know that they don't have to go through this alone. We have professional health available and treatments that can help them get through these tough times always with love and care.



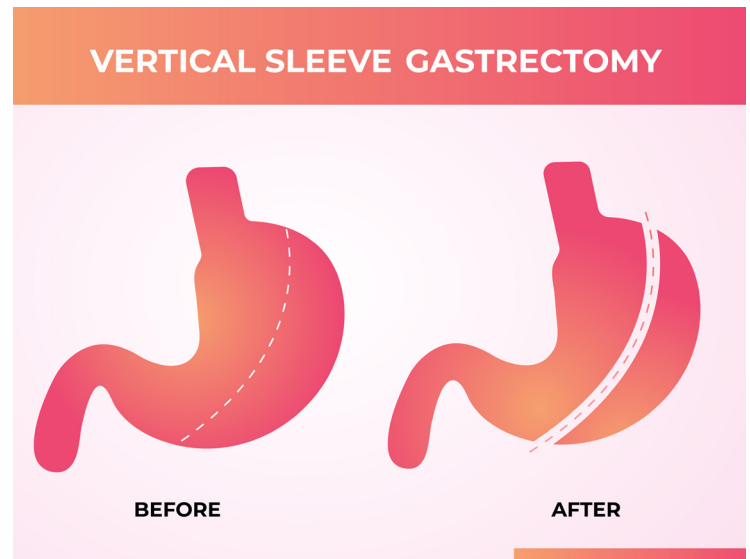
"Its not just a name its a concept"

GASTRIC SLEEVE

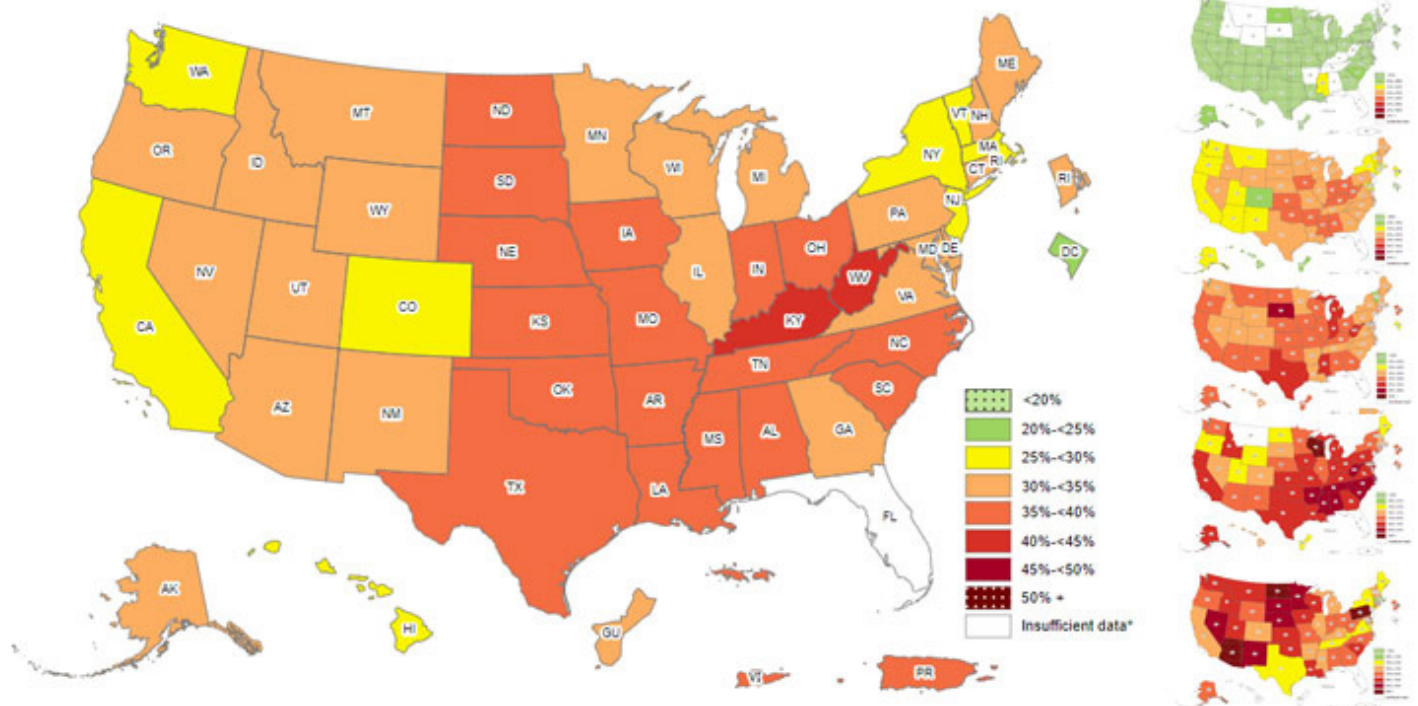
Gastric sleeve is a bariatric surgery for weight loss. It is done as a laparoscopic surgery. This means doctors just make small incisions in the upper abdomen and part of the left part of the stomach is removed. Food empties out of the bottom of the stomach into the small intestine the same way that it did before surgery. After the surgery, less food will make you full and also reduces the amount of hunger hormones that your stomach can produce.

This surgery is used to treat severe obesity and help to loss from 50 to 120 pounds (some cases more) in this way you can reduce your risk of developing life-threatening weight-related health problems, such as:

- Heart disease
- High blood pressure
- High cholesterol
- Obstructive sleep apnea
- Type 2 diabetes
- Stroke
- Cancer
- Infertility



Adult Obesity Prevalence Maps.



The CDC 2021 Adult Obesity Prevalence Maps for 49 states, the District of Columbia, and 3 U.S. territories show self-reported adult obesity prevalence by race, ethnicity, and location.

WHEN THE GASTRIC SLEEVE COULD BE AN OPTION?

- If the Body Mass Index (BMI) is 40 or higher (extreme obesity).
- If the BMI is between 35 to 39.9 (obesity) and there are serious health problems related with weight such as sleep apnea, diabetes or high blood pressure. In some cases the BMI is between 30 to 34 but if there are health problems then the surgery is an option.

A blue-tinted photograph of a long, empty hospital hallway. The hallway has white doors on the left and a dark carpet. In the center of the hallway, there is a white tree logo. To the right of the logo, the text "THE GOOD SAMARITAN MEDICAL CENTER" is written in white. At the bottom of the image, the quote "THE BEST AND MOST AFFORDABLE" is written in large white letters.

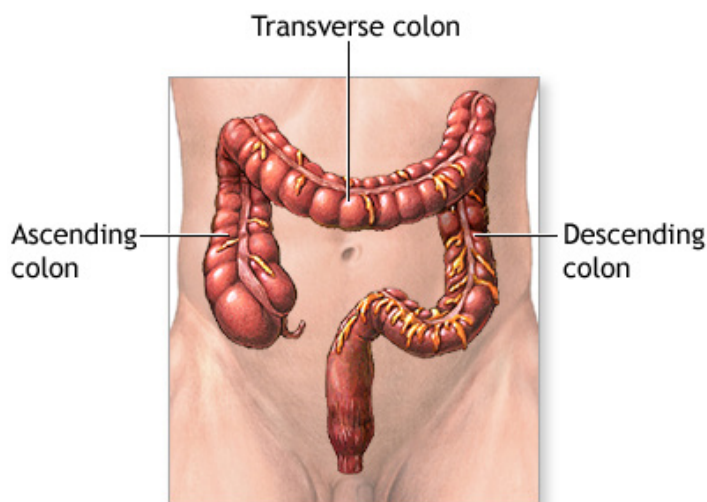
THE GOOD SAMARITAN MEDICAL CENTER

“THE BEST AND MOST AFFORDABLE”

COLON DISEASES

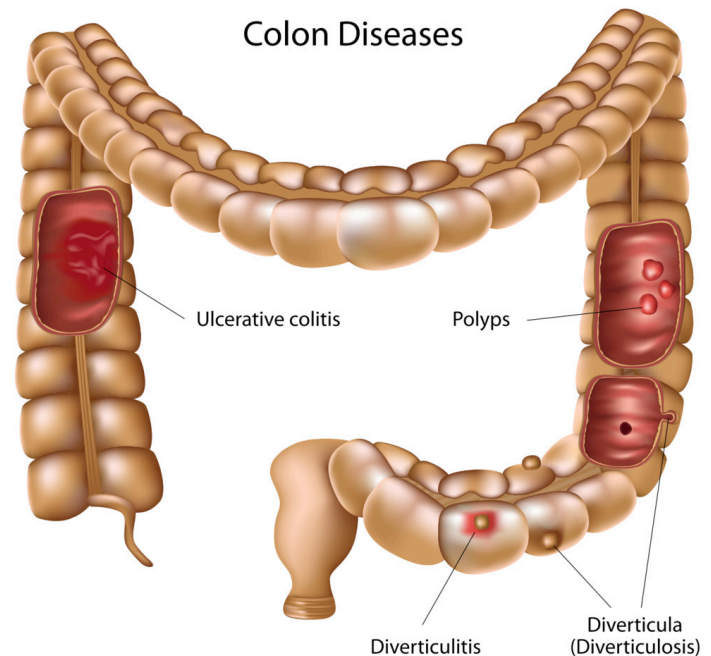
The colon also known as the large bowel or large intestine is the last part of the digestive system. Its three parts are the colon, the rectum and the anus. And the colon can be divided into segments, the ascending colon, the transverse colon, the descending colon and the sigmoid colon.

The cecum is the beginning of the colon. When it is full, it triggers the muscle movements of the colon to begin. When the food proceeds to the ascending colon it travels upward and sideways across the transverse colon where the water and electrolytes are absorbed and when the food waste arrives in the descending colon is mostly solid, as the food is dehydrated the colon secretes mucus to help it pass through smoothly. This process lasts for about 24 hours. Then the food goes to the rectum and finally passes to the anus.



There's many disorders that may affect the colon's ability to work. Some of these include:

- Colorectal cancer
- Polyps
- Ulcerative colitis
- Diverticulitis
- Irritable bowel syndrome



Colorectal cancer: it is common in men and women and the risk of developing rises after age 50. Also if the patient has polyps, a family history of colorectal cancer, ulcerative colitis, eats a diet high in fat, or smokes the risk is higher.

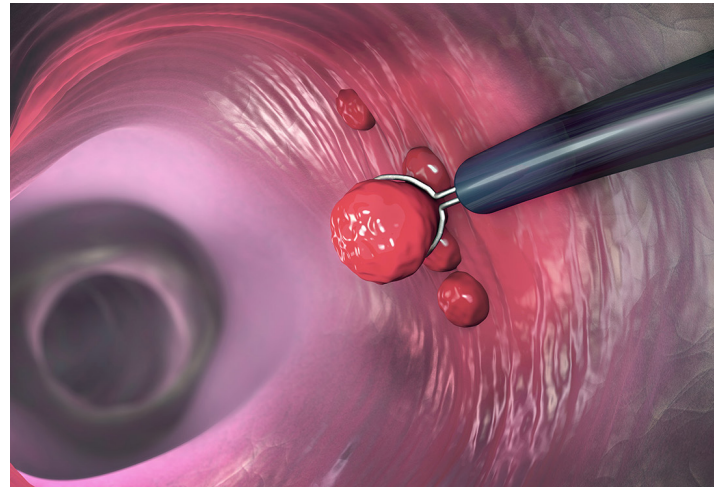
The symptoms may include:

- Diarrhea or constipation
- A feeling that your bowel does not empty completely
- Blood (either bright red or very dark) in your stool
- Stools that are narrower than usual
- Frequent gas pains or cramps, or feeling full or bloated
- Weight loss with no known reason
- Fatigue
- Nausea or vomiting

Colonic polyps: A polyp is an extra piece of tissue that grows in the colon. Most of the polyps are not dangerous but some may turn into cancer, for this doctors remove polyps and test them. Anyone can get polyps but the risk is higher when the patient is over age 50, has family history with polyps or cancer.

Usually do not cause symptoms but some of the symptoms may include:

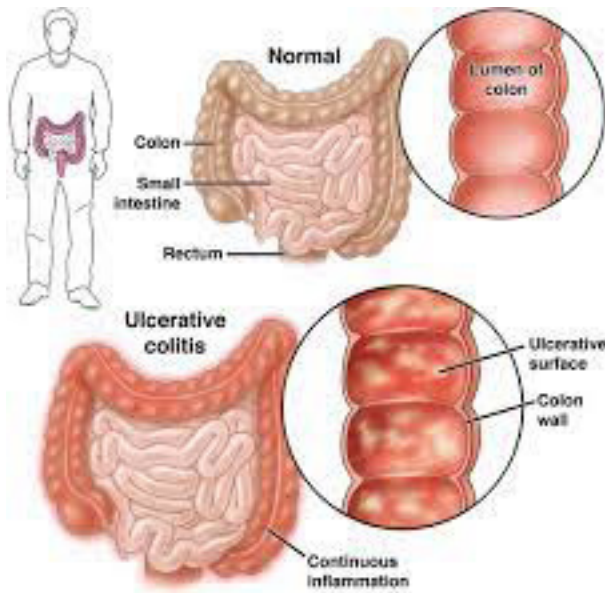
- Blood on the underwear or the toilet
- Blood in the stool
- Constipation or diarrhea for more than a week



Ulcerative Colitis: is a disease that causes inflammation and sores, called ulcers, in the rectum and colon. This can happen at any age, but it usually starts between 15 and 30.

The symptoms may include:

- Pain in the abdomen
- Blood or pus in diarrhea
- Anemia
- Tiredness
- Weight loss
- Loss of appetite
- Bleeding from the rectum
- Sores on the skin
- Joint pain

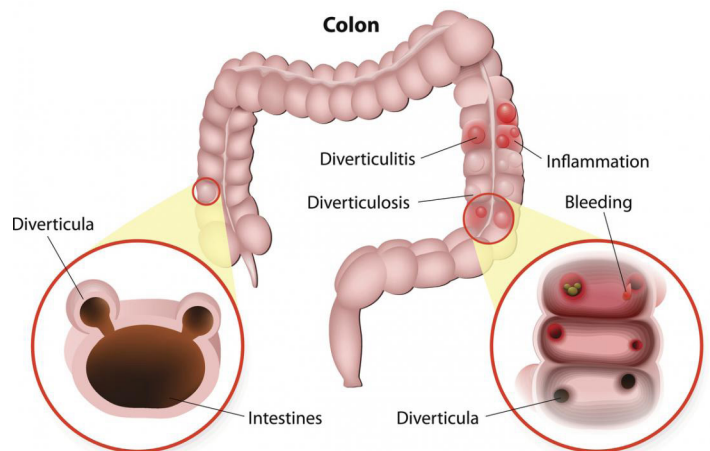


Diverticulitis: Diverticula are small pouches that bulge outward through the colon. This condition is called diverticulosis. About half of all people over age 60 have it.

Don't have symptoms, but sometimes may cause:

- Mild cramps
- Bloating
- Constipation
- When the diverticula is inflamed or infected it's called diverticulitis and the symptoms may include:
 - Abdominal pain
 - Fever
 - Nausea
 - Vomiting
 - Chills
 - Cramping
 - Constipation

DIVERTICULOSIS and DIVERTICULITIS



Irritable Bowel Syndrome: This affects the large intestine, is common and affects about twice as many women as men younger than 45 years. An estimated 10 to 20 percent of people experience symptoms.

These symptoms may include:

- Abdominal pain or cramps, usually in the lower half of the abdomen.
- Bloating.
- Bowel movements that are harder or looser than usual.
- Diarrhea, constipation or alternating between the two.
- Excess gas.
- Mucus in your poop.

As an integrative clinic, one of our purposes is to provide our patients the best care, because of this we offer the best diagnosis method for gastrointestinal disorders by gastroscopy and colonoscopy, also we do blood work and some other image studies as complement for the scope, in this way we can get to know what the problem is. In the colonoscopy study the patient can see every part of the colon and the doctor explains better if there is something that may cause a problem.



About Irritable Bowel Syndrome (IBS)

Information from the American College of Gastroenterology

5% PREVALENCE OR 1 IN 20

IBS is common and affects about 5% of the population in the U.S. or about 1 in 20 people



#1 PAIN

Abdominal pain is the major symptom of IBS



QUALITY OF LIFE

IBS greatly reduces patients' quality of life



\$1.5 BILLION TO \$10 BILLION PER YEAR

Direct medical costs of IBS are high, not including Rx or over-the-counter medications

10 TO 15 YEARS OF LIFE

A majority of IBS patients would give up 10 to 15 years of life expectancy for an instant cure for their condition

EQUAL OPPORTUNITY

IBS is not just found in women, it's an "equal opportunity" disorder and impacts men too



IBS is considered a **DISORDER OF GUT-BRAIN INTERACTION**

TYPES OF IBS

- ✓ IBS-C: IBS with constipation
- ✓ IBS-D: IBS with diarrhea
- ✓ IBS-Mixed: IBS with mix constipation and diarrhea



BLOATING
The sense of bloating is a common symptom of IBS

HOPE

IBS symptoms can be frustrating and discouraging, but there is hope and there are treatment options:

- ✓ diet
- ✓ over-the-counter medications
- ✓ prescription medications
- ✓ gut-directed therapies like cognitive behavioral therapy and hypnotherapy

When you **TALK TO YOUR DOCTOR**, make sure you bring your list of symptoms and questions



DO NOT SUFFER IN SILENCE!

Learn More:
gi.org/irritable-bowel-syndrome

Find a gastroenterologist near you:
gi.org/find-a-gastroenterologist

Read ACG 2021 IBS Guidelines:
bit.ly/ACG-Guideline-IBS

Read ACG 2018 Monograph on IBS Guidelines:
bit.ly/ACG-2018-IBS-Monograph

American College of Gastroenterology | gi.org | Follow ACG on Twitter: @AmCollegeGastro

SAVING OPPORTUNITIES

In order to promote a more healthy lifestyle for our patients and their families, this season we will be giving patients a \$15 dollars discount for every pound they lose while here at the clinic. This offer will include one of their companions. So if the patient and the companion lose a total of 20 pounds together, that will mean a \$300 discount in the patient's bill.

Come and take advantage of this offer while taking care of your health. This is our way to help and encourage our patients to keep healthy and save money in the long run.

(Patients undergoing surgery will be weighed the day they arrive and the day before surgery to add the total pounds.)

*RESTRICTIONS MAY APPLY

UP TO
\$300
IN DISCOUNTS



THE GOOD SAMARITAN
MEDICAL CENTER

HAPPY GUT HAPPY LIFE

Thanks to scientific research we know how important the health of the gut has to do with our overall well being. 70% of our immune system is located in the gut, this why here at TGSMC we help our patients get their gut to the best state possible.

As seasons change, so do our bodies' needs. And as we've discovered, getting adequate nutrients from food alone can often be challenging, especially when we diverge from our normal routine.

It's critical to establish a healthy routine and set the tone for what's to come, especially as the weather gets colder in some parts of the world, as we get closer to "sick season", and as we're more likely to give into temptation with busy schedules due to back-to-school and holidays nearing.

Meet Your Second Brain: The Gut

Most of us can relate to the experience of having butterflies in our stomach, or to a visceral gut-wrenching feeling, and how often we are told not to ignore our "gut-instinct" or "gut-feeling" when making a decision.

How what's going on in your gut could be affecting your brain.

Research has shown that the body is actually composed of more bacteria than cells. We are bigger than humans! Collectively, these trillions of bacteria are called the microbiome. Most of those bacteria reside in our gut, sometimes referred to as the gut microbiota, and they play multiple roles in our overall health.

The gut is no longer seen as an entity with the sole purpose of helping with all aspects of digestion. It's also being considered as a key player in regulating inflammation and immunity.

A healthy gut consists of different iterations of bacteria for different people, and this diversity maintains wellness. A shift away from "normal" gut microbiota diversity is called dysbiosis, and dysbiosis may contribute to disease. In light of this,

the microbiome has become the focus of much research attention as a new way of understanding autoimmune, gastrointestinal, and even brain disorders.

The most empowering aspect to the gut-brain connection is the understanding that many of our daily lifestyle choices play a role in mediating our overall wellness. This whole-body approach to healthcare and wellness continues to show its value in our longevity, well-being, and quality of life: that both physical and mental health go hand-in-hand.

While there are many holistic ways to nourish your gut microbiome and whole-body health, we believe that integrating a symbiotic (a probiotic + prebiotic in one) is a simple and effective way to do so.

There are many ways to support your microbiome through food choices and lifestyle habits.

Here are a few ideas:

- Eat more fermented foods
- Eat seasonal fruit and vegetables
- Drink enough fluids
- Eat more fiber
- Eat less processed foods
- Move your body regularly
- Prioritize your sleep
- Learn to manage stress
- Spend more time outside



THERAPIES TO IMPROVE YOUR GUT HEALTH

Colonic irrigation

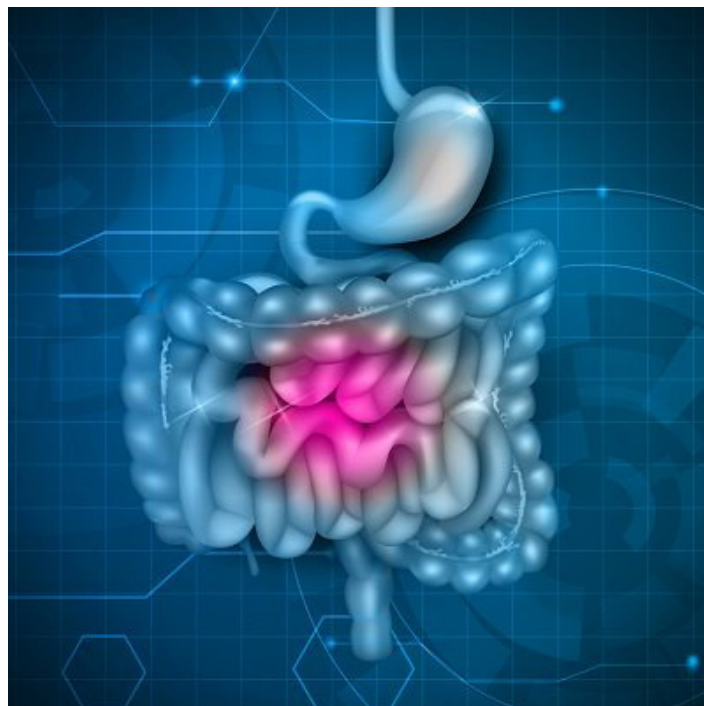
Colonic therapy, also known as colonic irrigation or colonic hydrotherapy, is a therapy used to cleanse the colon and intestinal tract of toxins. A qualified practitioner uses a tube to inject water (sometimes combined with herbs and/or other liquids) through the patient's rectum and into their colon. The large volumes of fluid irrigate and evacuate stool. Unlike with an enema, the liquid injected is immediately flushed out, and the flushing process is repeated until the entire colon is cleared.

Colonic therapy is based on an ancient autointoxication theory stating that the body poisons itself by producing toxic substances within the body's general circulation.

Promoters of this therapy say that decomposing feces accumulate in the walls of the large intestine and disrupt gut flora, harbor parasites, and cause health issues. A cleanse of the colon has potential to help people with digestive troubles and various conditions associated with toxicity such as alcoholism, asthma, and allergies.

At The Good Samaritan you can improve your gut health with different treatments such as:

- Enemas, this helps to clean your colon from constipation by introducing fluids and softening impacted stool and stimulating a large bowel movement.
- Friendly bacteria, this keeps you healthy by supporting your immune function fighting off the bad bacteria and restoring the balance within your body.
- Supplements, we use the natural supplements to restore and maintain colon health also aid in colon cancer prevention and stimulates to keep doing the normal function.



ON THE ROAD

Another year and we have excellent experience visiting Missouri, Michigan and Pennsylvania. The States are beautiful but the most important was the people that we had the opportunity to meet. All this was possible because of three families.

We are grateful to Noah B. Bontrager and family for the opportunity to visit his home on May and have one of our informational meeting over there and Also. we are very thankful for the opportunity to visit David S. Beiler and Family's in July, in both places we enjoy our visit, we had the opportunity to visit with more than 200 people between both meetings. Last but not least a big thank you to Erma Hershberger and her whole family for having us, we wish you all the best and appreciate your support.

It is always fun to visit with patients/friends and meet new people and give medical advice. This year Dr. Ricardo, this year Dr. Ricardo James was there with his 2 sons Ricardo and Jonathon, also Hazel Dr. James' niece and our friend Jesus Encsico.

If you are interested in hosting Dr. James and his team please call 956-223-9646, the meetings are normally divided in 2 days, the first day is an informational meeting and the second day is Dr. James free consultation.



THE PATIENT'S WORD



It was almost 2 years of tests and trying this and trying that, feeling defeated and nobody understanding, we made a last minute decision to go to the Good Samaritan. (Recommended by family friends who have been going for years)

They believed me, they understood what I was saying and how I was feeling! Everyone here made you feel comfortable, always checking on you to make sure you were comfortable and had what you needed.

Every test result, surgery and supplement or medication was explained thoroughly and so we understood it!! No question went unanswered. It was amazing to see nurses and doctors that you can become friends with, joke around and share stories. Everyone here genuinely cares. It's like a little Resort without the beach.

The other patients became friends and felt like family eating for dinner, hanging out in the lobby or just enjoying the outside area.

We were able to use the gym for exercise and even got to see the dentist!

We can't thank the staff enough for everything they did!"

**Bonnie Young (& Ethan and Sam)
Ph. (814) 730 04 84**

There is nothing more important for us than our patients' opinions and recommendations. We want to say **THANK YOU** for your support and for giving us the chance to take care of you and for your trust.

These words from our patient mean a lot to us, it gives us a boost in order to keep doing our job to the best of our ability.

"A huge thank you to ALL the staff at The Good Samaritan Medical Center!!!!

"I had an undiagnosed hernia repaired here. I thought I was having a heart attack twice in the last 4 months. 5 days after the surgery my blood pressure and blood sugar returned to normal levels. I was on medication for the last 4 years. I feel great now at 52 years old. I recommend Dr. James and the Good Samaritan Medical Center to everyone I know. I have seen miracles and cancer cured here personally on friends and family.

**Thanks Dr. James, GOD BLESS"
William Westover
Ph. (989) 621 41 00**

*"I enjoyed The Good Samaritan Clinic. It didn't really seem like a hospital. The doctors, nurses and staff are friendly and caring people. They make sure you are comfortable and well taken care of. The food is good here; they have a great chef in the kitchen. Raul is the best therapist I ever went to. He takes great care of his patients. Hospitality is awesome here!!!
Good People!!!"*

Leann Mast, Baltic, OH
Ph. (330) 600 75 56

"My husband has been a patient of Dr. James for 30 yrs.due to brain tumor,I am currently here with him for treatment. This is my first real visit and I am getting help with BP, diabetes, iron,and weight loss. I have felt at complete ease since I arrived. Safe and cared for, the staff makes you feel completely at ease. Hearing everyone's stories, how they are finally getting answers to medical issues, and being able to share Tony's testimony is truly a blessing. I would highly recommend this for anyone wanting to be in a healthier state. The best thing is being treated as a patient and not a number on a chart. They believe in treating YOU, not the disease. There is a truly calming sense of love here."

Jennifer Hill
Ph. (501) 336 59 76

"Hi friends, this is a testimonial of my experience at your clinic. I would be happy if you want to share it with others. In June of 2020 I had a fall and landed on my right shoulder tearing my rotator cuff. We went to two different clinics in our area and they both told us the tear is too bad to repair! The one Dr. said he could put a patch in then I would have about 50% use of my arm. We thought surely someone can do better than that. We then saw the Good Samaritan Medical Center ad in the Budget and we gave them a call. They said we should send my MRI to them and they would see what they can do. We made contact later on and were told to come as they can help us! We were so thankful! After 1 week of therapy I had surgery, followed by doing therapy at home I now have 100% use of my arm. Praise the Lord!

The clinic was a wonderful experience for us. Very good healthy meals, good clean rooms, friendly kind staff. It was so good to meet many friends! Thank you for everything you did to make our stay so enjoyable!"

Lloyd & Edna Miller
Millerburg, OH
(330) 275 77 59

SOME OF OUR THERAPIES

Microscope Live Blood Analysis

Different from traditional medical blood testing, we have the live and dry blood analysis where only with one drop of blood, we can together look at your blood cells that are principally composed of red cells, white cells and plasma. Nonetheless it will also show items that can be affecting your body's immune system such as:

- Vitamins, mineral deficiency
- Parasites
- Yeast Infection
- Heavy metal toxicity
- Liver stress
- Low iron
- Free radical damage
- Bacterial and Virus load
- Digestive system problems
- Blood sugar imbalance
- Cholesterol
- Low oxygenation
- Lyme's infection

Oxygen Therapy

Oxygen therapy is based on the theory that extra oxygen in the body can increase the body's ability to fight off disease-causing cells. Supporters of this therapy claim that if cancer cells or other disease-causing cells thrive in low-oxygen environments, creating an oxygen-rich the environment will kill off these intruders. Rather than increasing the amount of oxygen gas in inhaled air or the use of pressurized oxygen gas (which is common in medical uses of oxygen) this alternative therapy introduces oxygen-releasing substances into the body.

Some examples of these substances include ozone (a chemically active form of oxygen) and hydrogen peroxide. Specific benefits of increased oxygen in the body may include increased productivity of cells, increased energy, enhanced immunity, and an increased release of antioxidants.

Microscope Dry blood Analysis

The different patterns and formations showing in the dry blood are an amazing wealth of information concerning the person's health. The dry blood analysis shows the more long-term damage as well as present conditions.

We can find:

- Levels of Antioxidants
- Free radicals
- Inflammation problems
- Organ Stress
- Allergies
- Heavy metals
- Mineral deficiency
- Digestive system problems
- Colon toxicity, poor absorption



There are various ways a trained naturopath, homeopath, or medical doctor can administer these oxygen-releasing substances into a patient's body. If ozone gas is used, it is sometimes mixed with air or water and introduced under pressure into the rectum or vagina, or injected into a muscle, vein, or under the skin.

In another approach, blood is drawn from a patient, combined with ozone, and then reintroduced into the patient's body (Ozone PRP). Alternative approaches involve food-grade hydrogen peroxide, which is administered intravenously.

Ozone Infrared Sauna

Yes, have you heard we have a new ozone room? Yeah! Come and try the new ozone sauna and have immediate health benefits.

Having ozone and heat (hyperthermia) together for 15-30 min will improve eliminating virus, bacteria, fungus and parasites in the bloodstream and skin.

Some of other Benefits:

- Detox from free radicals, toxins and heavy metals
- Helps to control high blood pressure Muscular pain and inflammation will improve (especial for arthritis patients)
- Regulates blood circulation in case of atherosclerosis
- Psoriasis
- Dermatitis

And we are more than happy for you to visit and enjoy all of the different types of ozone treatments.

The frequency of oxygen therapy treatments varies from several times a day for a short period of time to once a week over an extended period of time, depending on the patients' needs. Both hydrogen peroxide and ozone can be very dangerous substances, so consult your health expert on the possible risks and side-effects of this treatment.

Please call us or contact us to learn more about all the therapies that we offer.



THERE'S ALWAYS ROOM FOR IMPROVEMENT

As you know our philosophy is to always keep finding ways to improve our services and facilities. Thanks to your support, this year has been a great one for improvements. We now are able to offer more in house services here at The Good Samaritan M.C. This includes X-Rays and ultrasounds, which means that patients don't have to wait long lines for X rays and ultrasounds.

Improvements include:

- New Ozone Room
- Xray and Ultrasound
- New Therapies
- More rooms





COMING SOON!



Because we want to offer our patients the best service possible through next year we will be building more rooms that include; a bigger dinner, rooms for patients and a long awaited area of hydrotherapy. We are excited for these new improvements and we thank you for making this possible. We hope to be able to help more patients in a holistic approach always with the lord's hand.



CLINIC'S MEMORABLE MOMENTS

"Its not just a name its a concept"

Special moments make the greatest memories

"Life is all about sharing. If we are good at something, pass it on."
These are memorable moments with our patients and we want to say
THANK YOU for letting us share this.





Happy Holidays

For over 30 years we have seen our team grow from 10 people to more than 50 people. We are grateful to be able to witness this and we will continue to create more jobs and help more patients.

The number one thing we look for when hiring a new team member is their values and we are happy to say that overall we have had a great team. Now more than ever we can say that we have the strongest team we had. We are grateful to them because we know that they play a key role in our patients having a good experience here at The Good Samaritan M. C.



May your holidays sparkle with moments of love, laughter, and goodwill, and may the year ahead be full of contentment and joy. Best wishes for the Holidays, and for health and happiness throughout the coming year.

Have a Happy Holidays!



"Here to help you"



GOOD SAMARITAN VITAMINS AND DIETARY SUPPLEMENTS.

A daily multivitamin can help provide a good foundation for your health. It can also protect you when you're experiencing stress, sleeping poorly, or not getting regular exercise.

The Good Samaritan M.C.
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Office Hours
for requests or appointments
9:00am to 5:00 pm



Pharmacy office hours
9:00am to 3:00 pm